



★ BEVERAGES ★

COFFEE

Espresso	€3.15
Macchiato 7	€3.65
Americano	€3.15
Cappuccino 7	€3.95
Flat White 7	€3.95
Café Latte 7	€3.95
Chai Latte 7	€3.95
Vanilla Latte 7	€4.50
Hazelnut Latte 7, 8	€4.50
Café Mocha 7	€4.40
Hot Chocolate 7	€4.40

TEA

Irish Breakfast	€2.80
Green Tea	€3.00
Chamomile Tea	€3.00
Peppermint Tea	€3.00
Earl Grey	€3.00
Red Berry Infusion	€3.00
Pure Rooibos	€3.00
Decaffeinated Tea	€3.00
Pure White Tea	€3.00

LUNCH

Desserts €8.50

Homemade Chocolate and Irish Stout Cake

Fresh berries, chocolate sauce and
Glenowen vanilla ice cream.
1(wheat, barley) 3, 7,

Warm Belgian Waffle

Glenowen vanilla ice cream,
fresh berries & butterscotch sauce.
1(wheat) 3, 7,

Ice Cream Fritters

Golden fried Glenowen vanilla ice cream.
1(wheat/barley) 3, 4, 7

Selection of Glenowen Ice Cream

Fresh berries & butterscotch sauce.
(7)

Strawberry & Balsamic Basket

Fresh strawberries, clotted cream, crushed meringue
served in a wafer basket with a balsamic twist.
1, 3, 7

ALLERGENS

- | | |
|----------------|---------------------|
| 1. Gluten | 9. Celery |
| 2. Crustaceans | 10. Mustard |
| 3. Eggs | 11. Sesame Seeds |
| 4. Fish | 12. Sulphur Dioxide |
| 5. Peanuts | 13. Molluscs |
| 6. Soybeans | 14. Lupin |
| 7. Milk | GF. Gluten Free |
| 8. Nuts | V. Vegetarian |

CANALEXPRESS ☆
at the
Grand Canal Hotel

CANALEXPRESS ☆
at the
Grand Canal Hotel

Soup of the Day €6.50

Served with Homemade
Guinness Bread.
Ask your server for details

Starters & Snacks

Vegan Cauliflower Wings €11.50

Sriracha & vegan mayo.
1(wheat, barley) 4, 9

Canal Express Chicken Wings Small €13.50 Large €20.50

Choice of hot or BBQ sauce.
Blue cheese dip & celery.
1(wheat) 3, 4, 6, 7, 9, 10, 11, 12

Buttermilk Fried Chicken Small €13.50 Large €20.50

Chilli mayo & twice cooked chips.
1(wheat) 3, 4, 7, 12

Salads

Caesar Salad €11.00

Romaine lettuce, croutons, crispy bacon, parmesan
cheese & Caesar dressing. Add Grilled Chicken
Fillet €6.50, Add Prawns €6.50.
1(wheat) 2, 3, 7, 10, 12

Ranch Salad €21.00

Grilled chicken, baby gem lettuce, cherry tomatoes,
cucumber, radish, sweetcorn, boiled egg, streaky
bacon, avocado, Cashel blue cheese &
creamy ranch dressing.
3, 7, 10, 12

GF bread available on request.

There are nuts present in our kitchen,
therefore all dishes may contain slight traces.
Please alert a member of our team if you can have any
food allergy or intolerance. Our food is prepared in kitchens
that contain all allergens & there is a risk of cross contamination.



★ LUNCH MENU ★

Canal Express Sandwiches

Classic Grilled Chicken Club €13.95

Grilled Chicken breast, streaky bacon, fried egg, baby gem lettuce,
beef tomato with sweet chilli mayo on grilled tiger bread.
1(wheat) 3, 7, 10, 12

Buttermilk Fried Chicken wrap €11.50

Buttermilk fried chicken with rocket leaves, beef tomato,
red onion, bacon, cheese & chilli mayo.
1(wheat) 3, 4, 7, 12

Classic BLT €8.95

Grilled Crispy bacon, baby gem lettuce, slice plum tomato,
mayo served in a triple decker toasted sandwich.
1(wheat,) 3, 7, 10, 12

Canal Express Steak sandwich €19.00

6oz Irish striploin steak with sautéed onions & mushrooms, onion ring,
baby gem lettuce, mustard sauce on grilled tiger bread.
1(wheat) 3, 4, 7, 10

Vegetarian Avocado Focaccia €11.50

Crushed avocado, vegan cheese, crispy beetroot, roast red pepper,
rocket leaves, basil pesto mayo & balsamic reduction.
1(wheat) 6, 7, 12

Add Soup €3.00, Add Chips €3.00

1(wheat)

Add Side Salad €3.00, Add any 2 €5.00



★ LUNCH MENU ★

Mains

Thai Red Curry €17.00

Medium spiced curry infused with kaffir leaves, lemongrass in Coconut milk,
Peppers, onions, aubergines, courgettes with wild rice.
Add Chicken €4.00 Add Prawns €6.50
1(wheat) 2, 4, 6, 9, 10, 12 v

Fish 'n' chips €22.50

IPA battered fresh fish n chips, house mushy peas,
caramelised lemon & twice cooked chips.
1(wheat, barley) 3, 4, 7

Beef and Guinness Stew €17.95

Slow cooked Irish beef in a rich Guinness stew, carrots, turnips,
onion with creamy mashed potatoes.
1(wheat, barley) 6, 7, 9, 10, 12

Signature Burgers

All served with twice cooked chips

Canal Express Beef Burger €20.50

6oz Irish beef burger topped with cheddar cheese, smoked crispy bacon, battered onion rings,
baby gem lettuce, tomato, pickled cucumber.
1(wheat,) 3, 4, 7, 10, 12

Buffalo Chicken Burger €19.50

Buttermilk marinated chicken breast in southern fried coating, ruby slaw,
baby gem lettuce, buffalo sauce & blue cheese mayo.
1(wheat) 3, 4, 6, 7, 10

Beyond Burger €19.00

Vegetarian burger crafted with a savoury plant-based patty, topped with tomato,
crisp lettuce, red onions, gherkin slices, Ballymaloe relish, Vegan Cheese.
1(wheat) 3, 6, 7, 10