

Lunch

MONDAY - SUNDAY
11PM - 3PM

Sandwiches

SERVED WITH HOUSE CUT CHIPS OR SOUP

BUTTERMILK FRIED CHICKEN WRAP | €14.50

beef tomato, red onion, cheese, rocket,
crispy bacon, chilli mayo

1 (WHEAT), 3, 7, 10, 12

CHARGRILLED CHICKEN CLUB | €14.95

beef tomato, baby gem lettuce, fried egg, smoked streaky bacon,
mayo, on grilled organic sourdough

1 (WHEAT), 3, 7, 10, 12

BRAISED PULLED PORK | €15.50

BBQ caramelised onion, rocket, house cured dill
pickle relish, on grilled organic brioche bap

1 (WHEAT), 3, 7, 12

THE MEDITERRANEAN | €15.95

Italian mortadella, creamy Macroom buffalo mozzarella,
beef tomato, slow roasted red peppers, rocket, basil pesto,
on grilled organic sourdough ciabatta

1 (WHEAT), 5, 7, 8 (PINENUT)

VEGAN CHIC'N WRAP | €14.50

salt & chilli vegan chic'n goujons, beef tomato, red onion,
rocket, vegan Sriracha mayo

1 (WHEAT), 6, VE

Made To Order —

SERVED WITH HOUSE CUT CHIPS OR SOUP

FRESHLY MADE SANDWICHES | €11.50

your choice of white bread, brown bread, or tortilla wrap,
with one meat and two salads

choose from: bacon, chicken, ham, cheddar cheese,
lettuce, tomato, red onion

PLEASE ASK YOUR SERVER FOR ALLERGENS

additional meat | €1.50

additional salad | €1.00

Light Bites

SOUP OF THE DAY | €6.50

served with homemade Guinness bread

PLEASE ASK YOUR SERVER FOR ALLERGENS

CHICKEN WINGS

small €13.50 | large €20.50

celery and blue cheese dip

hot & spicy 1 (WHEAT), 3, 7, 9, 10, 11, 12

bourbon BBQ 1 (WHEAT), 3, 7, 9, 10, 11, 12

BUTTERMILK FRIED CHICKEN

small €13.50 | large €20.50

sweet chilli mayo

1 (WHEAT), 3, 7, 9, 10, 12

add chips | €3.50 1 (WHEAT, BARLEY), 3, 7, 9, 10, 12

JACKFRUIT BAO BUNS | €11.50

cherry tomato, red onion, coriander, baby rocket, sweet salsa,
vegan Sriracha mayo, with a mixed leaf salad

1 (WHEAT), 6, 9, 10, VE

BUFFALO MOZZERELLA BRUSCHETTA | €11.95

Macroom buffalo mozzarella, confit cherry tomato, rocket,
basil pesto, balsamic reduction, on grilled organic sourdough

1 (WHEAT), 7, 8 (PINENUT), 12, V

Mains

BANGERS AND MASH | €17.50

Tom Whelan's pork, black pudding, apple & sage sausages, creamy mashed potato, redcurrant & onion jus

1 (WHEAT), 6, 7, 9, 10, 12

BEER BATTERED ATLANTIC HADDOCK | €22.50

minted mushy peas, homemade tartar sauce, house cut chips

1 (WHEAT, BARLEY), 3, 4, 10, 12

TAGLIATELLE AL FREDO | €19.50

fresh tagliatelle tossed in creamy garlic, parmesan & white wine sauce, Grana Padano shavings, grilled garlic ciabatta

1 (WHEAT), 3, 7, 12

add chicken | €3.50 1 (WHEAT), 3, 7, 12

add prawns | €5.50 1 (WHEAT), 2, 3, 4, 7, 12

THAI GREEN CURRY | €18.00 🌶️🌶️

an infusion of Thai spice, lemongrass, ginger, lime leaves, coconut milk, baby potatoes, green beans, chilli cashew nut crumble, jasmine & sesame rice

1 (WHEAT), 6, 8 (CASHEW), 10, 11, VE

add chicken | €3.50 1 (WHEAT), 6, 8 (CASHEW), 10, 11

add prawns | €5.50 1 (WHEAT), 2, 4, 6, 8 (CASHEW), 10, 11

CHICKEN CAESAR SALAD | €18.50

grilled chicken marinated in lime and coriander, crispy bacon, garlic herb croutons, parmesan shavings, crisp lettuce, homemade Caesar dressing

1 (WHEAT), 3, 4, 7, 10, 12

Canal Express Burgers

RIBEYE BEEF BURGER | €19.95

2 Quigley's ribeye 4oz Irish beef patties, Dubliner mature cheddar, sliced gherkins, baby gem lettuce, caramelised onion & bacon jam, house burger sauce, organic sourdough brioche bun, house cut chips

1 (WHEAT), 3, 6, 7, 10, 12

FLAME GRILLED CHICKEN BURGER | €19.95

marinated in Caribbean spices, grilled pineapple, rocket, lime & coriander mayo, organic sourdough brioche bun, house cut chips

1 (WHEAT), 3, 7, 9, 10, 12

CANAL EXPRESS VEGAN BURGER | €18.00

Beyond Meat patty, beef tomato, baby gem lettuce, pickled cucumber relish, vegan burger bun, house cut chips

1 (WHEAT), 10, VE

Desserts

BREAD & BUTTER PUDDING | €8.50

vanilla ice cream, crème anglaise

1 (WHEAT), 3, 6, 7, 12, V

SICILIAN LEMON CHEESECAKE | €8.50

champagne sorbet

1 (WHEAT), 6, VE

STICKY TOFFEE PUDDING | €8.50

honeycomb ice cream, butterscotch sauce

1 (WHEAT), 3, 6, 7, V

WINTER BERRY & APPLE CRUMBLE | €8.50

honeycomb ice cream

1 (WHEAT), 3, 6, 7, 12, V

CRÈME BRÛLÉE | €8.50

bourbon vanilla ice cream

1 (WHEAT), 3, 6, 7, V

SELECTION OF ICE CREAM | €7.50

1 (WHEAT), 3, 6, 7, V

Sides

MASHED POTATOES | €5.50

7, V

HOUSE CUT CHIPS | €5.50

1 (WHEAT), 3, 7, 10, V

SKINNY FRIES | €5.50

1 (WHEAT), 3, 7, 10, V

BUTTERED GREENS | €5.50

7, V

BEER BATTERED ONION RINGS | €5.50

1 (WHEAT), V

Sauces

**BRANDY PEPPER
SAUCE | €2.50**

7, 10, 12, V

CHIMICHURRI | €2.50

V

GARLIC BUTTER | €2.50

7, V

RED WINE JUS | €2.50

7, 10, 12, V

Dips

GARLIC MAYO | €1.50

3, 7, 10, V

CHILLI MAYO | €1.50

3, 7, 10, V

BLUE CHEESE MAYO | €1.50

3, 7, 10, V

BOURBON BBQ | €1.50

VE

HOT & SPICY | €1.50

7, V

Allergens

- | | |
|----------------|-----------------------------------|
| 1. Gluten | 10. Mustard |
| 2. Crustaceans | 11. Sesame Seeds |
| 3. Eggs | 12. Sulphur Dioxide
& Sulfites |
| 4. Fish | 13. Lupin |
| 5. Peanuts | 14. Molluscs |
| 6. Soybeans | GF. Gluten Free |
| 7. Milk | V. Vegetarian |
| 8. Nuts | VE. Vegan |
| 9. Celery | |

gluten free bread is available upon request

Please alert a member of our team if you
have a food intolerance or allergy

As our food is prepared in a kitchen that contains
all allergens, there is a risk of cross contamination